

## M-5570-A Jounce Bumper Kit INSTALLATION INSTRUCTIONS

NO PART OF THIS DOCUMENT MAY BE REPRODUCED WITHOUT PRIOR AGREEMENT AND WRITTEN PERMISSION OF FORD RACING PERFORMANCE PARTS.

Please visit www.fordracingparts.com for the most current instruction information

!!! PLEASE READ ALL OF THE FOLLOWING INSTRUCTIONS CAREFULLY PRIOR TO INSTALLATION. AT ANY TIME YOU DO NOT UNDERSTAND THE INSTRUCTIONS, PLEASE CALL THE FORD RACING TECHLINE AT 1-800-367-3788!!!

IMPORTANT: Installation of Ford Racing jounce bumpers is important to ride and comfort when using

Ford Racing lowering springs on 2005-2011 Mustangs.

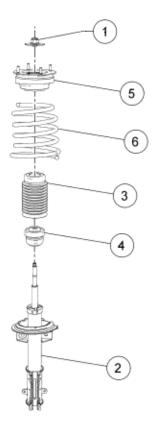
## **KIT CONTENTS:**

2 front and 2 rear jounce bumpers 4 rear jounce bumper attaching bolts

**NOTE:** All jounce bumpers are installed while the springs are removed.

**STEP 1**: Remove front jounce bumper item # 4. Do not use factory jounce bumpers or the jounce bumpers

that come installed on Ford Racing front struts.



Factory Ford shop manuals are available from Helm Publications, 1-800-782-4356



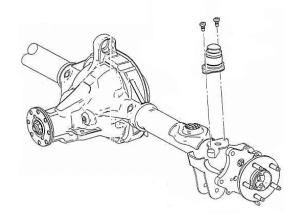
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<u>Item</u>	<b>Description</b>
1	Strut rod nut and washer
2	Strut
3	Dust boot
4	Jounce bumper
5	Upper mount assembly
6	Spring

**STEP 2**: Install Ford Racing front jounce bumper, one per strut. Install flat side of jounce bumper up.

**STEP 3**: Remove rear jounce bumpers by removing the 2 bolts per bumper.



**STEP 4:** Install new Ford Racing jounce bumpers and bolts. Torque bolts to 28 to 32 Nm

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